



Fresh Finds What's new in natural products

1. Light your fire with this firewood alternative. Each bag of SimpleFire contains highly compressed briquettes made from 100 percent recycled material and can be used in indoor or outdoor fireplaces. Light the bag, enjoy the flame, and watch it burn so completely that it's virtually ash free. 2.5-pound bag; \$3.99. (888) 933-3473; SimpleFire.com
2. Protect and nurture your skin with fun, funky, refreshing bath and body products by Nature Girl. All-natural ingredients—wild or grown on small family farms—transform into soothing body scrubs, oils, lotions, and bath salts. Flower Boogie: \$32. (310) 475-7658; Nature-Girl.com
3. Revive your medicine cabinet with first aid for the body and spirit. This unconventional Nature First kit holds vials of peppermint, lavender, clove, and tea tree essential oils; bottles of Tired Old Ass Soak and Letting Go ginger bath salts; lotion; alcohol; and bandages. Little Moon Essentials creates biodegradable, organic, and cruelty-free aromatherapy products. \$32. (888) 273-0683; LittleMoonEssentials.com
4. There's nothing fishy about Celebrity Chef Entrees. EcoFish, the leading supplier of seafood exclusively from sustainable fisheries, has created delicious, sustainable seafood entrees based on recipes created by well-known natural foods chefs. Each box contains quick-frozen, premium-grade seafood and an accompanying marinade or spice rub. (603) 430-0101; EcoFish.com

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