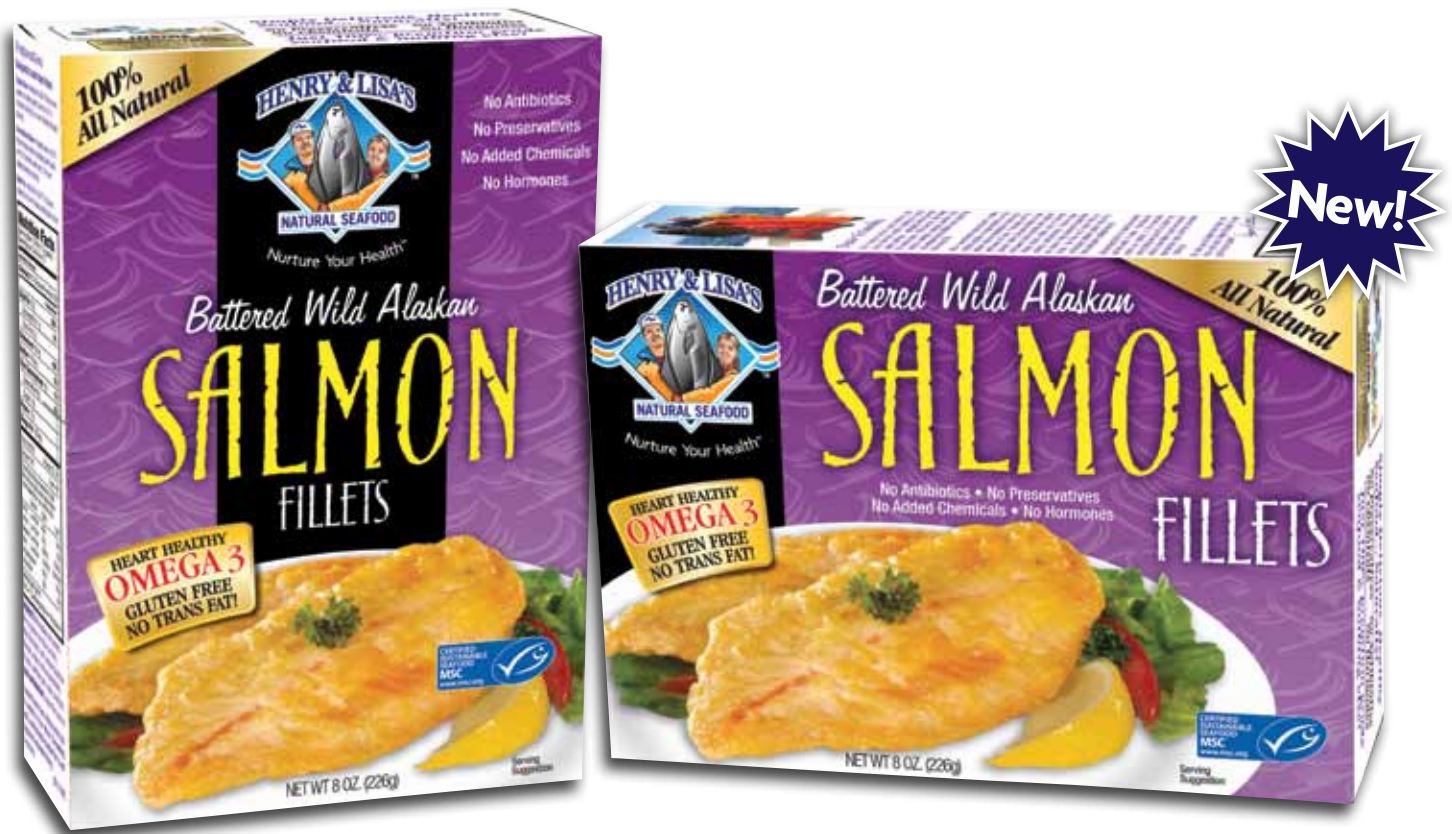


Pioneers of Natural



Sustainable Seafood

Battered Wild Alaskan Salmon Fillets



America's First Battered Salmon Fillet!

More Fish Less Coating • Gluten Free • Packed with Omega-3's

Certified sustainable to the Marine Stewardship Council's environmental standard 

Just 100% premium grade natural fish and nothing else!

- ✓ All Natural
- ✓ Lean Protein

 Healthy Omega-3's

Maximize the Health Benefits of Seafood



- No Preservatives
- No Added Chemicals
- No Antibiotics
- No Hormones

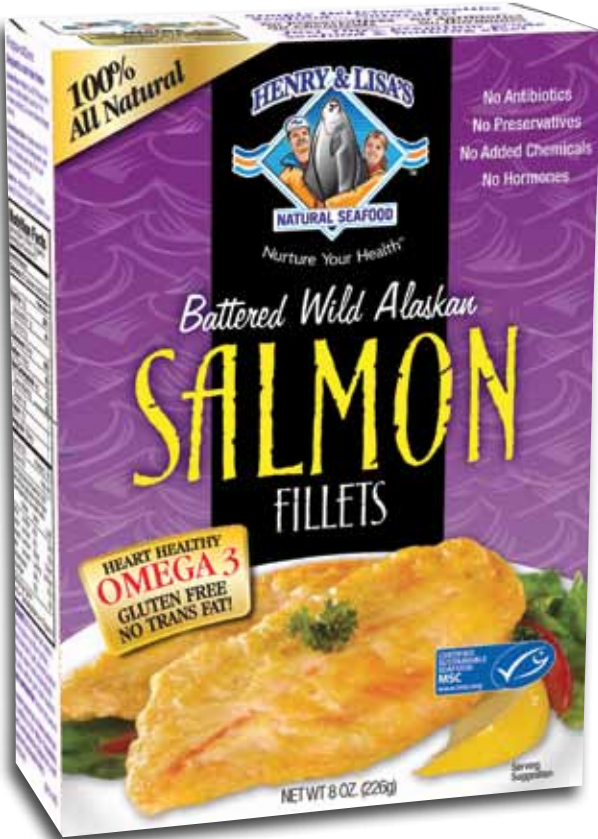


Battered Wild Alaskan Salmon Fillets

Our mission is to be your family's trusted source for the world's healthiest, safest, highest quality sustainable seafood...naturally.

We are thrilled to introduce our first of its kind, battered wild Alaskan salmon fillets. It all starts with the premium quality wild salmon fillets we use exclusively from the pristine cold waters of Alaska, frozen within hours of harvest locking in peak freshness. Next, we apply our special crispy all-natural gluten free batter. We think you'll agree that our original battered salmon fillets are the best tasting and healthiest around.

Henry & Lisa



- 6 – 8 oz boxes per case, frozen
- Gluten free
- 700 mg omega-3's per serving
- Box retails vertically or horizontally

Wild Alaskan Battered Salmon
UPC # 812410000514

Ingredients: Wild Alaskan pink salmon, batter mix (yellow corn flour, rice flour, modified food starch, salt, leavening (sodium bicarbonate, sodium acid pyrophosphate), garlic spice, xanthan gum), water, canola oil.

Nutrition Facts	
Serving Size: 1 Fillet (113 grams)	
Servings per Container: 2	
Amount Per Serving	
Calories 210	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 45mg	16%
Sodium 115mg	5%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 17g	
Omega 3's 700mg	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
*Percent Daily Values are based on a 2,000 Calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less Than 65g 80g
Sat. Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



There is no other seafood company like ours!

- Our **premium quality** seafood is frozen within hours of harvest, we quick freeze all of our seafood at super-low temperatures with the latest technology, locking in peak freshness.
- We proudly offer **seafood exclusively from environmentally sustainable fisheries**. Our independent Seafood Advisory Board (comprised of world-leading marine conservation scientists) reviews and approves all of the species we offer.
- Our seafood is **independently tested for contaminants by Seafood Safe**, helping consumers maximize the health benefits of seafood.
- We care deeply for the future of our planet and the world of water, from how we source our seafood, to the renewable energy that powers our office, to the many marine conservation causes we support, **your purchase helps us further our mission**. Thank you for your support.

EcoFish, 340 Central Ave. Dover, NH 03820
 Henry and Lisa's is a small company with a big mission.

Call to order: 877-214-3474



www.henryandlisas.com